				RISK ASS	SESSMENT				
						:	SAFETY PLAN	I	
							4. How will you put the assessment into action Remember to prioritise. Deal with those hazards that are high-risk and have profound consequences first		
1. What are the hazards	Risk Rating H/M/L	2. Who might be harmed & how	3a. What are you already doing (i.e. pre-event controls)	3b. What further action is required (event day controls)	Resultant Risk Rating M/L	Action by Who	Action by when	Date completed	
Athletes:									
1. Coming into contact with vehicles / also risk to children	M	1. Athlete / Motorist Knocked over Contact with vehicle	 Keeping runners on footpaths at every opportunity I. Instructing athletes to be aware of traffic, particularly at junctions at the Start line via announcement Segregate start and finish area from traffic (create a funnel) Start from King George Playing Field and finish in front of Memorial Hall Longer funnel for runners to finish to avoid pedestrians and vehicles 	 Brief athletes at the start. Put out advisory signs on the course. Instruct Marshals to keep runners off roadway. Marshals of particular importance for the 3K as children involved. Place marshals at all road junctions and left or right turns (Extra Marshals at top of High Street) Limit the number of road crossing points for the 3K which includes children 	M	Race Organiser / Course Manager /Marshal	Pre-Event and On the day at sign in etc.		

	1			1			
2. Street Furniture and Road Calming	L	2. Trips and Falls, cuts and bruising	2. Bring to athletes' attention in pre-race material	 2. Signing areas and obstacles and using Marshals – carpeting the day before high-risk posts and fences a) Kissing gate at Hempstead Road to be removed – Has been permanently removed since 2017 race 	Μ	Race Organiser / Course Manager /Marshal	Pre-Event and On the day Wrap Carpeting around sharp posts
3. Use of iPods etc.	М	3.Athlete unaware of marshal's instructions / road traffic	3. Athletes told not to wear any form of headphones	3. Athletes told not to wear any form of headphones NOTICES in RACE HQ, entry form and pre-race announcement.	L	Race Organiser / Course Manager /Marshal	Pre-Event and on the day
4. Marshal positions and instructions	Μ	4. Ensure route is well marshalled, having identified marshalling points whilst measuring course.	4. Advise entrants to listen and obey instructions from marshals	 4. In pre-brief advise entrants to listen and obey instructions from marshals 4.1 Invite runners to thank marshals (to raise their awareness of the marshals and where they are) 	L	Race Organiser / Course Manager / Marshal	Pre-Event and on the day
Event venue 5. Ease of access and egress for pedestrians and runners	Μ	5. The start and finish area are near a primary school (which will be closed) with one entrance. This will be used for parking – restricted to race organisers and volunteers 5.1. Access to Church Street may be an issue at race time. Coordinate with residents and post a Marshal either end	5. Advise entrants there is no car parking on site, but free parking within walking distance on Bovingdon Green or on street parking in the village.	 5. Advise entrants there is no car parking on site, but free parking within walking distance. 5.1. Ensure there is signage and marshals on site to advise visitors. 5.2 First aid vehicles to be sited in parking bays in front of Bowls Club (if access is required) 	L	Race Organiser / Course Manager / Marshal	Pre-Event and on the day

	Ι							
6. Ease of access and egress for emergency vehicles / notification to emergency services	М	6. There needs to be in place a plan for access prior to the race.	6. Ensure emergency services and Watford General Hospital Accident and Emergency (seven miles away) are aware there is an event taking place (if required).	6 MET Medical will be on site to provide medical cover. MET Medical inside the Memorial Hall in Kitchen area. Emergency vehicles in parking area in front of the Bowls Club ready for deployment	L	Race Organiser / Course Manager / Marshal / MET Medical	Pre-Event and on the day	
Other road users 7. Pedestrians/ cyclists	М	7 Pedestrians/ cyclists	 7. There will be signage Pre-Event and, on the day, to ensure pedestrians and cyclists are aware of the race. 7.1. The route is deliberately sited primarily on country and minor roads where pedestrian footfall and cycling traffic is light. Apart from Hempstead Road where there will be ample Marshals and signage. 	 7. There will be signage Pre-Event and, on the day, to ensure pedestrians are aware of the race. 7.1. The route is deliberately sited primarily on country and minor roads where pedestrian footfall is light. 7.2. The High Street and Hempstead Road areas will be marshalled. 	L	Race Organiser / Course Manager / Marshal / MET Medical	Pre-Event and on the day	
8. Crossing points	Μ	8. Pedestrians and motorists	 8. There will be signage Pre-Event and, on the day, to ensure pedestrians and motorists are aware of the race. 8.1. The route is predominantly sited primarily on country and minor roads where pedestrian footfall and motor traffic is light. 	 8. There will be signage Pre-Event and, on the day, to ensure pedestrians and motorists are aware of the race. 8.1. The route is sited primarily on country and minor roads where pedestrian footfall and motor traffic is light. 8.2. The crossing points will be marshalled with signage 	L	Race Organiser / Course Manager / Marshal / MET Medical	Pre-Event and on the day	

Medical 9. Adequate medical provisions	Μ	9, Runners, marshals, officials and others on route	9. MET Medical booked. 9.1. <u>Printed template on</u> reverse of race number for athlete highlighting existing medical condition and/ or medication taken	 9. MET Medical booked. They will have a treatment centre at the start/finish with sufficient trained staff <u>and a vehicle response</u> <u>team to deal with any</u> <u>casualties on the ground.</u> 9.1 MET Medical will be notified of any runners with medical conditions or who have taken medication and will know to check the reverse of the running number. 	L	Race Organiser / Course Manager / Marshal / MET Medical	Pre-Event and on the day	
Weather 10. Unseasonal weather, i.e.very hot	Μ	10, Runners, marshals, officials and others on route	10. Everyone involved advised to bring water to ensure they remain hydrated.	 10. There will be a surplus of bottled water available, together with water on site at the start and finish. 10.1. MET Medical will have a treatment centre and a mobile unit to treat dehydration. 10.2. If necessary, an additional water station will be implemented on the corner of Church Lane by Zeeras. 10.3. The event is arranged to finish in the morning, rather than take place at the hottest part of the day. 	L	Race Organiser / Course Manager / Marshal / MET Medical Printed information on reverse of race number.	Pre-Event and on the day	
Communications 11. Lack of contact between race officials	Μ	11. Race Organiser/ Course Manager/ Marshals MET Medical	11. Mobile phone numbers will be shared before the race (there is coverage on all parts of the course except Hogpits Bottom). Need a	11. Mobile numbers shared. 11.1. Mobile MET Medical	L	Race Organiser / Course Manager / Marshal / MET Medical	Most measures will be implemente d on the day.	

			communication device that will work here. 11.1 There are also 6 Walkie Talkies for use by Race Organisers and the lead bike and trail bike will have a Walkie Talkie too, in addition to the water station at Hogpits Bottom.					
12. Emergency Contact Details for runners.	М	12. Runners	12. Runners will be told to put their emergency contact details on the reverse of their race number.	 12. Runners will be reminded to put their emergency contact details on the reverse of their race number. 12.1 Marshals and MET Medical will be on route with mobile phones. Walkie talkies where appropriate. 	L	Race Organiser / Course Manager / Marshal / MET Medical / Runners	Pre-Event and on the day	
Event infrastructure 13. Toilets	М	13, Runners, marshals, officials, spectators and any others	13. The start and finish are at the Memorial Hall with facilities. Runners will be advised that these will be well- signposted.	13. There will be signage around the site for runners, marshals, officials, spectators and others	L	Officials at start/finish The MH volunteers will be on site to deal with any problems	On the day	
14. Refreshments	М	14. Runners, marshals, officials, spectators and any others	14. The start and finish are at the Memorial Hall. The refreshments provided will comply with the Food Hygiene Laws and the Water Supply (Water Fittings) Regulations 1999. Runners will be advised	14. There will be signage around the site for runners, marshals, officials, spectators and others	L	Officials at start/finish	On the day – order prior to the day.	

			that these will be well- signposted. 14.1 Provision of water for race finishers.					
15. PA system	L	15. Runners, marshals, officials, spectators and any others	15. Do we need one and if so, can we hire one.	15. There will be an MC on the day.	L	Race organiser	On the day.	
Course set-up								
16. Course signage	Μ	Volunteers putting up signage and setting up event	Yellow high visibility jackets to be worn. Aware of H&S when putting up items or lifting Tools supplied for the job		L	Race organiser, volunteers	Race day - 2, -1 and race day	

Emergency procedures	М	1. Runners, marshals, officials, spectators and any others	1. A formal submission has been made to the Dacorum Safety Advisory Group and they are content. A Road Race License which covers a significant part of event.	1. The arrangements will include contingency arrangements to ensure there is sufficient flexibility to respond to any issues on the day.	L	Race Organiser / Course Manager / Marshal / MET Medical	Pre-Event and on the day	Apply by mid-May
	M	2. Children	2. The organizers are cognisant of their duty of care under the Children Act 1989 and 2004 and the UKA guidance on welfare and safe- guarding matters.	 2. There is a written procedure for ensuring the safety of children, including lost children. 2.1 There will be a lost children-meeting point at the PA area outside the Memorial Hall. 2.2. Announcements will be made re lost children every 5 minutes until parents/guardian is located. 2.3 Any child who has not been collected by the race close will be handed to the Police 	L	Race Organiser/ Course Manager/ Marshals/ MET Medical/ Head Teacher	On the day	
5. Review Date					<u></u>			21 August 2022
6. Next Review Date								On-going