



Entries on the day subject to race limits and increased entry fees

SUNDAY 6th September 2020

The fourth annual (2020) BOVINGDON PARISH 10K ("BP10")



(including 10K and 3k fun run – organised by Bovingdon Parish Council)
Memorial Hall, High Street, Bovingdon HP3 0HJ
Tele: 01442 833036



Licence No: 2020 - TBA

Surname: .....
First Name: .....
Date of Birth: .....
Gender: MALE / FEMALE
Club/Team (if any): .....
Affiliated to UKA?: YES / NO
Registration No.: .....

Address: .....
Postcode: .....
Mobile No.: .....
Email: .....
Estimated Time (10k only): .....

Prizes for 1st - £25.00, 2nd - £15.00 and 3rd, £10 (for males and females, 10K only)

A signed entry form will be considered as an acceptance of the UK Athletic Rules and a declaration that you will compete on foot and run entirely at your own risk. No accompanying dogs or cycles allowed.

All Runners will receive a finisher's medal. THIS IS A CHIP TIMED EVENT FOR THE 10K ONLY.

N.B. You are not allowed to wear headphones during this event as it is run on open roads not closed to traffic.

Data Protection: BPC is the Data Controller under new data protection law and will use the information provided which may be shared UK Athletics for race administration only. Data will be retained for 2 years

Individuals have a number of rights under data protection law, including the right to request their information and the right to make a complaint about our handling of your personal data to the Information Commissioner's Office https://ico.org.uk/. Further information about the processing of your data can be found at www.bovingdonparishcouncil.gov.uk

You can contact the Parish Council's Data Protection Officer, Paul Russell at paul@micrshadevsm.co.uk or 07772 657446.

REQUEST FOR CONSENT: You can withdraw or change your consent at any time by contacting the Council Office.

We may contact you to keep you informed about future Bovingdon 10k / 3k runs. [ ]

We may use your name and photo in our newsletters, or on our website, or our Facebook page. [ ]

Please tick here if you intend to Pre Register on the day before the race. [ ]

10k - £16.00 (min age 15) START 10:15 am (£2.00 discount for UKA members) [ ]

3k fun run - £6.00 (min age 8) START 10:00 am (Entry via Parish Office only) [ ]

Send Cheques, payable to 'Bovingdon Parish Council', and entry form to "Bovingdon Parish 10K" BPC, Memorial Hall, High Street, Bovingdon HP3 0HJ or enter the 10K via www.runbritain.com or www.letsdothis.com

Please NOTE: race entry fees are non-refundable or transferable once race entries are accepted if you are unable to run for any reason or in the unfortunate cancellation of the event which is beyond the control of the race organisers, I understand and accept, the rules and terms of the entry including that there will be no refund of race fees.

I am medically fit and enter at my own risk and fully understand that the organisers can in no way be held responsible for any injury, illness or loss incurred to my person or belongings during or as a result of the event, including on course or changing areas. If you have a medical condition please detail below and confirm that you agree to the terms of entry.

Any known Medical Conditions: .....
Next of Kin..... Phone No .....

Signed: .....

Dated: .....

I Consent to (Name) :..... Signed .....

Parent or Guardian must sign and complete consent form if runner is under 18 on the day of the race.