

10k results 2017 - 3rd September

10k run results available on website - www.Time2RunEvents.co.uk

https://www.dotgo.uk/shared/images/content/bus_53019/pdf/final_Bovingdon_10k_Results.pdf



Pos	Bib	Name	Club	Chip Time	Gun Time
1	189	Stephen Norris	Watford Joggers	34:18	34:19
2	20	Thomas Grimes	East London Runners	34:29	34:30
3	182	Michael Ferris		34:32	34:33
4	134	Oliver Hill	Watford Joggers	35:48	35:48
5	162	Ian Halpin		36:14	36:16
6	70	Steven Cockrell	St Albans Striders	37:21	37:21
7	127	Aran Davidson	Chiltern Harriers AC	37:29	37:29
8	106	Kate Rennie	Dacorum & Tring AC	37:55	37:56
9	187	Juliane Smith	Gade Valley Harriers	38:39	38:41
10	42	Guy Woollett	Gade Valley Harriers	38:57	38:59
11	72	Anthony Willcox	Gade Valley Harriers	39:04	39:05
12	54	Ashley Holmes		39:47	39:48
13	159	Mark Dellora		39:58	39:59
14	176	Christian Shrann Shramm		40:16	40:18
15	26	Joshua Marsh		40:35	40:36

16	200	Oliver Beales		41:13	41:15
17	22	Craig Rowand		41:18	41:21
18	35	Sarah Grover	Dacorum & Tring AC	41:40	41:42
19	53	Oscar Russel		41:55	41:56
20	8	Maria Kenny	Gade Valley Harriers	42:12	42:14
21	92	Anna Godfrey	Reading AC	43:14	43:15
22	117	Andy Piper		43:17	43:19
23	180	Richard Jones		43:21	43:23
24	157	Simon Green		43:42	43:50
25	167	Ed Wright	Chiltern Harriers AC	43:54	43:55
26	81	Jacob Young		44:26	44:34
27	43	David Maloney		44:28	44:35
28	97	Mikk Bradley	Watford Harriers	44:41	44:42
29	179	Michael Irvine	Dacorum & Tring AC	44:55	45:01
30	10	Andrew Thomas		45:04	45:07
31	104	Zdenka Pickova		45:03	45:11
32	58	Richard Blaxill	Dacorum & Tring AC	45:10	45:15
33	103	David Galpin		45:12	45:16
34	105	William Blundell	On the Run Aylesbury	45:38	45:41
35.	37	Liza Croft		46:12	46:17
36	69	John Brewer	UKnetrunner.co.UK	46:14	46:18
37	195	John McGinley		46:16	46:22
38	85	Liam Hunter		46:29	46:33
39	132	Simon Mitchell	On the Run Aylesbury	46:37	46:40
40	95	Nick Rawlings		46:51	46:56
41	55	Paul Reilly	Gade Valley Harriers	46:57	47:06
42	112	Kerry Ardley	Dacorum & Tring AC	47:05	47:09
43	38	Rupert Lines		47:19	47:28
44	193	Phil Garner		47:30	47:36
45	80	Angelo Lucatello		47:39	47:44
46	4	Tony Reeve	Dacorum & Tring AC	48:04	48:08
47	145	Richard Roberts		48:18	48:25

48	30	Juanjo Gallardo	Chiltern Harriers AC	48:28	48:31
49	18	Martin Filby		48:29	48:35
50	83	Sarah Sharman f	Watford Joggers	48:29	48:36
51	155	Andrew Goldsborough		48:33	48:39
52	197	Neil Martin		48:33	48:39
53	144	Finn Macpherson		48:37	48:43
54	147	Rob Sheppard		48:43	48:53
55	171	Matt Long		48:40	48:56
56	120	Alison Putko	Watford Harriers	48:55	48:58
57	140	James Fee		48:57	49:01
58	74	Andy Mitchell	Dacorum & Tring AC	48:57	49:04
59	122	Evan Webster		48:59	49:07
60	149	David Saul	Chiltern Harriers AC	49:13	49:20
61	107	Ian Birkett		49:23	49:28
62	87	Richard Korn		49:40	49:43
63	67	Aimee Peacockf		49:45	49:51
64	93	Andrew Norton	Gade Valley Harriers	49:43	49:52
65	161	Philip Pugh	Dacorum & Tring AC	49:52	49:56
66	108	David Heal	Garden City Runners	49:54	50:02
67	172	Andrew Ferguson		49:56	50:04
68	73	Steve Brown		50:01	50:05
69	118	Jackie Youell		50:02	50:09
70	49	Richard Morson		50:20	50:25
71	86	Amy Gostling		50:32	50:37
72	6	Johanna Bocker		50:40	50:43
73	21	Matt Cannon		50:53	51:01
74	98	Rael Coen		51:05	51:10
75	190	Amber Forrow		51:05	51:11
76	116	Natasha Harrison		51:12	51:16
77	163	Kelly Alleyne		51:10	51:16
78	31	Ian Shaw		51:11	51:18
79	90	Lillie Richardson		51:23	51:26

80	65	Kayleigh Whittington		51:29	51:37
81	148	Clare Smith		51:54	52:00
82	178	Andrew White		52:24	52:39
83	126	Daniel Parish		52:50	52:57
84	199	Sarah Beales		53:08	53:14
85	156	Karen Sweeting		53:25	53:30
86	188	Paul Yearley	Berko Hospice Club	53:27	53:41
87	154	Jane Molloy	Watford Joggers	53:37	53:45
88	133	Caroline Pretty		53:43	53:53
89	196	Tracy Ward		53:52	53:58
90	91	John Godfrey		53:54	54:04
91.	173	Victoria Angel		54:10	54:23
92	119	Emma Jeffrey	Watford Joggers	54:24	54:30
93	121	Pete Nobbs	Watford Joggers	54:54	54:57
94	17	Jessica Little		54:56	55:06
95	32	Katherine Day	Chiltern Harriers AC	55:09	55:16
96	109	Sophie Halden		55:37	55:42
97	153	Jacqueline Armstrong	Watford Joggers	55:43	55:50
98	23	Clare Martell		55:55	56:05
99	24	David Martell		56:02	56:13
100	146	Lucy Roberts		56:12	56:19
101	177	Nick Shramm		56:12	56:20
102	84	Brenda Fee	Barnet & District AC	56:18	56:24
103	137	David Spivack		56:30	56:39
104	165	Jennifer Clayton		56:35	56:40
105	68	Martinus Zwijnenburg		56:34	56:46
106	16	Colin Little		56:39	56:48
107	12	Tony Coupland		56:52	57:10
108	33	Brian Parker		57:03	57:11
109	115	Susan Defoe	Watford Joggers	57:07	57:14
110	44	David O'Dell		57:17	57:24
111	138	Sophie Routledge	Dacorum & Tring AC	57:24	57:30

112	192	Ahmed Monowar		57:19	57:31
113	158	Grace Smyth		57:16	57:31
114	110	Christopher Gibbs	Dacorum & Tring AC	57:43	57:52
115	160	Gemma Stockwell	Chiltern Harriers AC	57:45	57:55
116	29	Alan Johnson	Comets RRC 2724413	57:43	58:03
117	39	Annie Simms		58:08	58:18
118	11	Kate Thomas		58:06	58:24
119	123	Isabel Kitchin		58:20	58:29
120	9	Dave Wise	Gade Valley Harriers	58:26	58:30
121	66	Pat Hayball		58:25	58:33
122	34	Alan Grover	Dacorum & Tring AC	58:27	58:35
123	51	Matthew Jones		58:54	59:06
124	82	Beth Brown		58:59	59:10
125	128	Fionna Brooks		59:03	59:12
126	152	Beth Saul		59:26	59:41
127	186	Lukasz Kindratowicz		59:28	59:42
128	135	Joanne Evans		59:50	1:00:04
129	5	Sarah Coltman	Watford Joggers	59:58	1:00:08
130	139	Philip Walker		59:58	1:00:13
131	129	Penny Kittle	On the Run Aylesbury	1:00:06	1:00:16
132	27	Dave Kittle		1:00:08	1:00:17
133	71	James Ouston		1:00:06	1:00:19
134	7	Kevin Bocker		1:00:18	1:00:31
135	166	Chris Blackwell		1:00:32	1:00:47
136	136	Jake Bone		1:01:10	1:01:20
137	170	Rob Oakes		1:01:18	1:01:33
138	124	Daniel Moss		1:01:48	1:02:01
139	79	Charlene Billins		1:01:59	1:02:11
140	184	Jenna Selby		1:02:31	1:02:42
141	114	Simon Finnamore		1:02:50	1:03:01
142	198	Ruth Georgiades		1:03:04	1:03:14
143	183	Katherine Blackburn		1:03:08	1:03:20

144	125	Julie Hudson		1:03:07	1:03:20
145	102	Chris Turrell		1:03:04	1:03:25
146	151	Jacqui Fleming		1:03:05	1:03:25
147	150	Chris Fleming	UKRunChat Running Club	1:03:05	1:03:25
148	141	Jaimee Kennedy		1:03:36	1:03:50
149	113	Mary Moody		1:03:41	1:03:54
150	96	Becki Brunetti		1:03:46	1:03:59
151	88	Saskia Ives	Dacorum & Tring AC	1:04:31	1:04:45
152	13	Juliane Coupland		1:04:34	1:04:52
153	41	Wiebke Carr		1:04:37	1:04:55
154	40	Richard Carr		1:04:38	1:04:57
155	94	Kinna Patel		1:05:24	1:05:39
156	101	Jo Kenny		1:05:32	1:05:50
157	1	David Stent		1:06:03	1:06:18
158	56	Kelly Smith		1:06:12	1:06:27
159	45	Caroline Armstrong		1:06:34	1:06:49
160	164	Lorraine Morris		1:07:59	1:08:13
161	89	Paul Richardson		1:07:56	1:08:15
162	168	Claire Rojewski		1:08:06	1:08:18
163	181	David Thompson		1:09:14	1:09:30
164	174	Jacqui Donley		1:09:43	1:09:55
165	130	Yuna Toudic		1:09:49	1:10:06
166	191	Nicola Forrow		1:10:00	1:10:14
167	77	Angela Stringer		1:10:24	1:10:37
168	50	Julie Jones		1:10:46	1:10:58
169	2	Philippa Gill		1:11:02	1:11:21
170	48	Sarah White		1:11:44	1:11:56
171	63	Lynda Murray	Redway Runners	1:12:47	1:12:58
172	25	Steve Martell		1:12:54	1:13:16
173	143	Hollie Kennedy		1:14:10	1:14:24
174	47	Alison Gregory		1:14:12	1:14:25
175	57	Rachel Purser		1:14:10	1:14:26

176	75	Holly Cunnington		1:17:01	1:17:22
177	59	Jemma Crane		1:17:03	1:17:22
178	76	Simon Longbottom		1:17:02	1:17:23
179	60	Anita Whitman		1:25:07	1:25:26
180	61	Rachel Witherall		1:29:36	1:29:52
181	185	Tracy Wood		1:29:36	1:29:53
182	131	Ramona Bellinghausen		1:31:35	1:31:52
183	142	Emma Shumake		1:34:40	1:34:56
184	169	Kellie Shumake		1:34:42	1:34:58
185	28	Fiona Kernan	Zara's Wish	1:36:55	1:37:13
186	46	Ann Power		1:45:29	1:45:47

DQ

1	111	Matthew High	DQ		57:42	57:54
2	64	Chris Sykes	DQ		58:52	59:12
3	78	Louise Teden	DQ		1:04:09	1:04:29

Number of records: 189