



Covid Information Update w/c 01/03/2021

Covid Information Champion update - Hertfordshire is in a **national lockdown** along with the rest of England, with residents being told that we must stay at home. For more information about the lockdown rules, visit: [National lockdown: Stay at Home - GOV.UK \(www.gov.uk\)](https://www.gov.uk)



Shielding - A new cohort of residents have been identified as clinically extremely vulnerable (CEV) and have been asked to start shielding. Over 12,000 Hertfordshire residents have been contacted by Hertfordshire County Council and are being advised to register for support at www.gov.uk/coronavirus-shielding-support By registering, they can get help with priority supermarket delivery slots and can inform their local council the type of support they need. We are asking residents to get in touch with HertsHelp, their information can be found at the bottom of this page.

COVID vaccinations

There is a growing resource of locally generated information and resources for people who may be hesitant about having their vaccine, with an emphasis on meeting the information, cultural and language needs of people from Black, Asian or other Minority Ethnic backgrounds. Thank you to those staff and community leaders who are championing the cause of the vaccine amongst their colleagues, friends and communities. You can view these resources for yourself on the [Hertfordshire and west Essex Health and Care Academy website](https://www.hertfordshireandwestessexhealthandcare.academy)



Similarly, **Hertfordshire Care Providers Association** have created many resources for residents to learn the facts: www.hcpa.info/covid-19-vaccinations Resources have also been created for adults with learning difficulties. Adults with learning difficulties will soon be contacted for their vaccination, and so easy read resources have been created for them to understand the information surrounding the vaccine. These can be found here: www.healthierfuture.org.uk/covid

The BBC Asian Network has created some great content on vaccines scams and made it available on social media; containing videos in [Urdu](#), [Sylheti](#), [Punjabi](#), [Tamil](#) and [Gujarati](#) for Twitter, [Facebook](#) and [Instagram](#). You can also find these on the [BBC news website](#).

If you are aged 65 or over, clinically extremely vulnerable or a front-line health and social care worker who has not yet had your first COVID vaccination, you are now actively encouraged to contact the NHS and book your appointment without needing to wait for an invitation. Please use the [online booking system](#) or call 119 if you are unable to go online. If a suitable and convenient slot is not available, call your GP practice for an appointment at your local GP-led site.

Keep on doing the basics:



HANDS



FACE



SPACE

- make sure we wash our hands regularly and thoroughly
- wear a face-covering when required
- keep our distance from others
- self-isolate when told to do so



Affected By Coronavirus? Please Contact HertsHelp. They can help with food, household essentials, medication, financial support, advice, emotional support, as well as ways to improve your health and wellbeing. Visit www.hertshelp.net or email info@hertshelp.net or call 0300 123 4044. For more information and guidance for residents and businesses during the pandemic please visit www.hertfordshire.gov.uk/coronavirus



CommunityHelp Hertfordshire
A partnership of voluntary sector infrastructure organisations funded by Hertfordshire's public sector

